

Psychologist

Speaker: Dr. Arti Nigam

As a clinical psychologist in a general private practice, Arti Nigam works with individuals struggling with life transitions, interpersonal conflicts, and mental health challenges like anxiety, depression, past trauma, personality issues. She meets with individuals and families, sometimes just once or twice to give a diagnosis and recommendations, and sometimes for ongoing psychotherapy. She sometimes writes reports for the court system at the client's request.