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**Adult Facilitator Invitation**

Dear Monta Vista High School Community Member:

Please join us as an Adult Facilitator at our upcoming **Challenge Day on Thursday, February 3rd, 2022**. Challenge Days are powerful, high-energy programs in which youth and adult participants are guided through a series of experiential learning processes. The overall goals of the program are to increase personal power and self-esteem, to shift dangerous peer pressure to positive peer support and to eliminate the acceptability of teasing, violence and all forms of oppression. The Challenge Day Program is designed to unite the members of the school or community and to empower them to carry the themes of the program back to the school population. Challenge Days also successfully addresses issues of violence, teasing, social oppression, racism, harassment, conflict management, suicide, peer pressure, alcohol and drugs.

Since 1987, the Challenge Day Program has touched the lives of over million teens and adults

nationwide. The Challenge Day Program has received numerous awards from the juvenile justice

system, government officials and many school districts and cities throughout the nation. The program

was also featured in the book Chicken Soup for the Teenage Soul and the Emmy Award-winning

documentary *Teen Files: Surviving High School*.

We encourage adults to volunteer as positive role models for the benefit of the youth. The program

welcomes parents/guardians, teachers, administrators, police officers, elected officials, community

members and any other interested adults. This allows youth to see another side of these adults in

addition to their assigned community roles. Please notify your School Coordinator, Richard Prinz, Richard\_Prinz@fuhsd.org if you know of any adults who would like to be a part of the Challenge Day Program.

Adult Facilitators are crucial for the success of the day. We will meet with all Facilitators for at least **30**

**minutes at 8am** to let you know what is needed from you and to answer your questions. In order for the pre-program meeting to begin on time, please arrive at 7:45 sharp. **No prior training is necessary other than the morning check-in meeting**. Our Challenge Day staff closely monitors the program and our Leaders will give all instructions throughout the day. You must be able to remain on site and participate fully for the entire program, including 30 minutes after the program at the end of the day for a post-Challenge Day debriefing. **Total** **Time of attendance is from 7:45am-2:45pm**. Students arrive at 8am to register. After the adult training from 8-8:30am, students and adults will come together.

We hope you will be able to join us for this wonderful experience!

***ASAP: Please inform Richard Prinz, School Based Therapist, of your acceptance of this invitation.***

**Richard\_Prinz@fuhsd.org****.**

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